



# WILD OUTDOOR WOLFEBORO

## 2016

### Welcome to a summer of adventure and exploration!

This is your official scorecard for "Wild Outdoor Wolfboro." It is part treasure hunt, part self-guided adventure guide and part competition with your friends and family. Participants who reach 250 points will win complimentary day passes at Abenaki and Pop Whalen Ice Arena, a T-shirt and other fun prizes to be announced.

Do any of the suggested activities between April 15 and October 15, 2016. Track your progress on this score card and **document each activity with a photo or video.**

When you reach 250 points, send in your completed score card and upload your photos and videos to a google photos or google drive album, then share the album with [wolfboroparksdirector@gmail.com](mailto:wolfboroparksdirector@gmail.com)

#### Remember:

- 1. No age limit! Great fun for adults and kids.**
- 2. Take photos of all activities. If there is no photo or video, the points don't count for that activity!**
- 3. One scorecard per person.**
- 4. Due Date: October 15, 2016**

Send this entire score card with all information completely filled out to:

**Wild Outdoor Wolfboro  
Wolfboro Parks and Recreation  
PO Box 629  
Wolfboro, NH 03894**

For more information contact the Wolfboro Parks and Recreation Department at (603) 569-5639!

### PARK IT!

- Have a picnic at a Wolfboro park (10 pts)
  - o Park: \_\_\_\_\_
- Swim at all three Wolfboro beaches (10 pts)
  - \*Albee Beach \*Brewster Beach \*Carry Beach*
- Build a sand sculpture at one of the three Wolfboro beaches (10 pts)
  - o Beach: \_\_\_\_\_
- Tell stories around a campfire. Attach your stories to this score card. (10 pts)
  - o Location: \_\_\_\_\_
- Capture a photograph of a skater at Skate Park (10 pts)
- Find McKinney Park and go for a swim! (5 pts)
- Go for a walk through Front Bay Park. (5 pts)
- Take a bike ride on the Bridge Falls Path. (5 pts)
- BONUS: Get ice cream afterwards. (5 pts)
- Ride on the Thayer Bike Trail from Abenaki Ski Area to downtown Wolfboro. (5 pts)
- Go to a Movie In the Park at Foss Field (5 pts)
- Fly a kite (5 pts)

**TOTAL POINTS:** \_\_\_\_\_



*The Thayer Trail that goes from Abenaki Ski Area to Downtown Wolfboro.*

## CHECK IT OUT!

Make sure to complete at LEAST two of these observations. Must take a picture or video of each challenge:

- Wake up before dawn and watch the sun rise! (10 pts)
- Find the largest tree along the Abenaki Ski Area trails and take a picture with it (5 pts)
  - Where? \_\_\_\_\_
- Walk in the woods with a ranger, forester, or logger (10 pts)
  - Who was it? \_\_\_\_\_
- Find a logging truck, determine where it came from, where it's going, and take a picture with it (10 pts)
  - From: \_\_\_\_\_
  - To: \_\_\_\_\_
- Go camping and observe your supplies: List anything that came from the wilderness. Attach a list to your scorecard (2 pts each, 10 pts max)
  - i.e. food, handles of tools, etc.
- Identify at LEAST five trees around your home. Make a booklet of a pressed leaf from each tree and describe each tree to us (15 pts)
- Celebrate Arbor Day on May 8th by planting something! (10 pts)
  - What? \_\_\_\_\_

TOTAL POINTS: \_\_\_\_\_



Planting trees during Wolfeboro Arbor Day.

## INVESTIGATE IT!

Make sure to complete at LEAST three of these investigations. Must take a picture or video of each challenge:

- Locate, identify, and photograph the **THREE (3)** types of rocks (10 pts)
  - \*Metamorphic \*Sedimentary \*Igneous*
- Locate, identify, and photograph **FIVE (5)** species of NH native plants (5 pts)
  - \*Your garden doesn't count!*
- Capture a photo of two (2) different wild mammals and identify them, describing their behavior (10 pts)
- BONUS:** record the call of a frog/toad and send it to us! (10 pts)
- Catch and identify two (2) different species of fish (10 pts)
- BONUS:** perfect your catch-and-release fishing skills! (5 pts)
- Locate, identify, and properly name a wild animal track. Make a plaster cast of it (10 pts)
- Locate a stone wall hidden in the forest. (5 pts)
- Pick your favorite NH wild animal and write up a list of its facts including a drawing of it (10 pts)

TOTAL POINTS: \_\_\_\_\_



Teamwork.

## BUILD IT!

Make sure to complete at **LEAST two (2)** of these challenges:

- Collect natural materials from outside and build a boat (10 pts)
- BONUS:** Does it float? (5 pts)
- Create a kite from scratch (10 pts)
- BONUS:** Does it fly? (5 pts)
- Collect natural materials from outside and build a fishing rod (10 pts)
- BONUS:** Catch a fish! (10 pts)
- Teach yourself to tie three (3) different knots (10 pts)
  - #1: \_\_\_\_\_
  - #2: \_\_\_\_\_
  - #3: \_\_\_\_\_
- Using only sticks and rope, build yourself a tripod for your lantern (10 pts)
- Using downed wood and rope, build yourself a camp table (10 pts)
- Using materials you find in the woods, build yourself a bow + arrow. Shoot it. (10 pts)
- Build a campfire ring in your backyard, get a fire permit and have a backyard cookout! (5 pts)

**TOTAL POINTS:** \_\_\_\_\_



## ROUGH IT!

Make sure to complete at **LEAST three (3)** of these adventures. Must take a picture or video of each challenge:

- Without using matches (or anything that automatically generates a flame), build a fire! (10 pts)
- Design and build an all-natural shelter (10 pts)
- BONUS:** Spend the night in it! (10 pts)
- Cook food over a campfire (5 pts)
  - What did you cook? \_\_\_\_\_
- With only things found in nature, create a cooking utensil (5 pts)
  - What did you create? \_\_\_\_\_
- Write up a complete camp menu for a camping trip (10 pts)
  - \*Please attach menu to scorecard*
- Research AND successfully treat water to make it drinkable (5 pts)
  - How did you do it?  
\_\_\_\_\_  
\_\_\_\_\_

**TOTAL POINTS:** \_\_\_\_\_



An all-natural shelter. Photo courtesy of Jack Mtn Bushcraft School

# GET UP AND GET OUT!

Complete at **LEAST three** of these adventures.  
Must take a picture or video of each challenge:

- Take a bike ride around your neighborhood (10 pts)
- Find your favorite Swimming Hole—not a lake (5 pts)
  - Which swimming hole? \_\_\_\_\_
- Go bike riding on a trail (10 pts)
  - Which trail? \_\_\_\_\_
- Go running on a trail (10 pts)
  - Which one? \_\_\_\_\_
  - How far? \_\_\_\_\_
- Go hiking (10 pts)
  - Which trail? \_\_\_\_\_
- Hike to a waterfall! (5 pts)
  - Where to? \_\_\_\_\_
- Go swimming in a lake, pond, or river (5 pts)
- Climb a boulder or tree (5 pts)
- Go Canoe or Kayak Camping (10 points)
  - Where did you go? \_\_\_\_\_
- Go surfing! (5 points)
- Go skimboarding (5 points)
- BONUS:** Video your adventures, upload to YouTube and send us the link! (10 pts)

**TOTAL POINTS** \_\_\_\_\_



New Hampshire is filled with hidden swimming holes.  
Ask around and you'll find some.

# ACTIVATE!

Complete at **LEAST three** of these adventures.  
Must take a picture or video of each challenge:

- Take part in the Granite Man or Granite Kid Triathlon (10 pts)
- Play Spring Soccer (5 pts)
- Take part in Granite State Track and Field (5pts)
- Walk or ride your bike to school on May 15 for Wolfeboro Bike and Walk Day (5 pts)
- Do the Smith River Canoe Race (5 pts)
- Take a Stand Up Paddleboard Camp (5 pts)
- Take a Sailing Class (5 pts)
- Take part in a Wilderness Survival Camp (5 pts)
- Do Morning Beach Yoga (5 pts)
- Get certified in CPR (5 pts)
- Take an adult or youth Swim Lesson (5 pts)
- Take part in Day Camp! (5 pts)
- Play a game of pickle ball! (5 pts)
- Play a round of Doubles Tennis (5 pts)
- BONUS 5 points extra if you have multi-generational teams
- Build a Boat! (5 pts)
- Swim in a competitive Swim Meet (5 pts)

**TOTAL POINTS** \_\_\_\_\_



Getting pumped for the Granite Kid Triathlon!

# Wild Outdoor Wolfeboro Registration and Waiver

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Gender: \_\_\_\_\_ T-shirt Size: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address, City, State, Zip: \_\_\_\_\_

Emergency Contact Name and Number: \_\_\_\_\_

## For All Program Participants:

I do hereby waive, release, absolve, indemnify, defend and agree to hold harmless, the Town of Wolfeboro, its Parks and Recreation Department and the paid and volunteer employees and agents of the Town and this department, for any personal injury or property damage which may arise out of the participation of the person named on this form in this/these activity(ies), and hereby assume all risks associated with this/these activity(ies).

## Photos and Images

I do hereby grant and give these groups the right to use my or my child(s) photograph or image with or without my or my child's name, both singly and in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

I have read this release of liability and assumption of risk agreement, fully understand its terms, I understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without inducement.

\_\_\_\_\_

Name of Participant

\_\_\_\_\_

Age

\_\_\_\_\_

Signature of Participant (if 18 years or older)

Signature of Parent/Guardian (if under 18)

\_\_\_\_\_

Date

